**EASTMONT TOMATO FESTIVAL**

**SATURDAY, AUGUST 20, 2016 MEADOWBROOK CENTER, SHAWSVILLE, VA \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**2016 MATER MADNESS RULES & ENTRY FORM**

Come join the fun with this high-energy boot camp style workout sponsored by the Shawsville Ruritan Club and led by Waldron Wellness instructor and personal trainer John Shumate. This event may include running, relays, obstacle courses, strength drills and more. It’ll be a great, high energy way to kick off your Saturday before the Tomato Festival begins at Meadowbrook.

$20 entry fee includes a Tomato Festival t-shirt and post-walk refreshments. **This event is for ages 15 and up.** Information and entry forms are available on-line at [**www.eastmonttomatofestival.org**](http://www.eastmonttomatofestival.org) or by email**eastmonttomatofestival@gmail.com**

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ City\_\_\_\_\_\_\_\_\_\_\_\_\_ State\_\_\_ Zip\_\_\_\_\_\_\_ Email\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Cell\_\_\_\_\_\_\_\_\_\_\_\_\_\_

T-shirt Size\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age\_\_\_\_\_\_\_\_\_\_\_\_(note: you must be at least 15)

Participant’s signature **(parent signature required if younger than 18)**

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(Signature means that you have read and agree to the rules and restrictions)

**MATER MADNESS INFORMATION**

**Date:** Saturday, August 20, 2016 **Time:** 7:15am-8:15am

**Place:** Football field and track across from Shawsville Middle School

Register and pay online at [www.eastmonttomatofestival.org](http://WWW.EASTMONTTOMATOFESTIVAL.ORG), in person or by mail to EastMont Tomato Festival, C/O Waldron Wellness Center, 267 Alleghany Spring Rd, Shawsville, VA 24162
(by cash, credit card, or check made payable to EastMont Tomato Festival)

**MATER MADNESS RULES AND RESTRICTIONS**

* **All registrations must be completed prior to the event (see info above).**
* T-shirts will be handed out to participants just prior to Mater Madness, at the event.
* Event start at 7:15 am and will conclude at 8:15am.
* Participants/parents acknowledge by signing entry form that the event is athletic in nature and could cause possible injury, and that participants will not hold Mountain Valley Charitable Foundation, Waldron Wellness Center and any other entity or individual involved with the EastMont Tomato Festival liable for any injury that may occur during events.
* By entering Mater Madness, participants/parents agree that use of photos of the participants for fund raising publications or promotional activities, including online, will be free of charge and that all proceeds from the sale of publications will go directly to support the EastMont Tomato Festival.